

Labs + Tests User Guide

Select a topic below to see that page

INTRODUCTION

[What Is Needed to Use Labs + Tests and What You May See](#)

- [My HealtheVet Account](#)
- [Upgraded Account](#)

[General Information](#)

[How to Find Labs + Tests](#)

[Viewing Labs + Tests](#)

SELF-ENTERED TESTS (non-VA lab information you self-enter in My HealtheVet)

- [Viewing Self-Entered Tests](#) (Details page)
- [Editing Self-Entered Test Information](#)
- [Adding Self-Entered Test Information](#)
- [View Test Information \(Self-Entered\)](#) – (Summary page)

VA LABORATORY TESTS (Information that comes from your VA health record)

[VA Chemistry/Hematology](#)

- [Summary Page](#)
- [Specimen Details Page](#)
- [Detail Page](#)

[Printing Labs + Tests](#)

[Labs + Tests and Blue Button](#)

[Labs + Tests and Secure Messaging](#)

[Learn More](#)

[Frequently Asked Questions + Help + Contact My HealtheVet](#)

[Definitions](#)

For questions about using My HealtheVet, use the [Contact MHV](#) link at the top of every My HealtheVet page.

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Introduction to Labs + Tests

My Health^eVet is dedicated to the health and well-being of Veterans. The goal is to provide tools that help develop good health habits. If you are a VA patient, you can create a complete Personal Health Record using My Health^eVet. Your record can include self-entered information as well as some information from your VA health record. My Health^eVet is simple, easy to use, private and secure. Tools in My Health^eVet help build partnerships between VA patients and their VA health care team. When you partner with your health care team, it helps the VA deliver better care.

LABS + TESTS is a section of the My Health^eVet Personal Health Record. This section can include self-entered information and lab information from your VA health record. If you are a VA patient, registered on My Health^eVet and have an upgraded account*, you can view your **VA Chemistry/Hematology** lab results as they become available. You will be able to see other **VA LABS + TESTS** results as they become available.

Chemistry is when a sample of blood or body fluids is checked for the amounts of certain elements made in the body. Chemistry lab tests include hundreds of tests. Common labs include blood sugar, cholesterol, calcium, liver function, thyroid tests, and more.

Hematology is when a sample of blood is checked for factors in the blood and blood-forming tissues. Hematology lab results include blood cell counts and clotting

You may want to print out your **LABS + TESTS** information to share with others. Use the **VA Blue Button** to download, save or print your information. **Secure Messaging** can also be used to send a message to your participating VA health care team. With **Secure Messaging**, you can communicate with your health care team about your VA Appointments, your medications, Wellness Reminders, lab results, and much more.

*Note: An upgraded account happens through **In-Person Authentication (IPA)**. Sections of your VA health record will be available once you are [In-Person Authenticated](#). If you have questions, contact the My Health^eVet Coordinator at your local VA facility.

[Back to Top](#)

DRAFT



What Is Needed to Use Labs + Tests and What You May See

If you are a My HealtheVet registered user, you can self-enter your Labs + Test.

To use **VA Chemistry/Hematology** you must:

1. be a Veteran enrolled at a VA health care facility
2. be a registered My HealtheVet user
3. have an upgraded account

Be a Registered My HealtheVet User - [Registration](#) is quick and easy.



- When you register, enter your First Name, Last Name, Date of Birth, Gender and Social Security Number. If you use the VA health care system, it is important that this information match your VA electronic health record information. **TIP:** Use your Veterans Identification Card (VIC) information to match your VA electronic health record information
- If you use the VA health care system, make sure you select the **VA Patient** checkbox when you register

RELATIONSHIP TO THE VA	
Tell us about yourself. (Check all that apply. *At least one is required.)	
<input checked="" type="checkbox"/> VA Patient	<input type="checkbox"/> Veteran Advocate/Family Member/Friend
<input type="checkbox"/> Veteran	<input type="checkbox"/> VA Employee
<input type="checkbox"/> Health Care Provider	<input type="checkbox"/> Other

You must indicate that you are a VA Patient before you can access VA Prescription Refill and future MHV features, such as electronic copies of your VA health information.

To check your account:

- Login to My HealtheVet
- Select the **PERSONAL INFORMATION** tab
- Select the **Profiles** sub-tab
- Under **Relationship to the VA**, if you use the VA health care system, make sure you select the **“VA Patient”** checkbox (see red box above)
 - If **“VA Patient”** is not checked and you use the VA health care system, select this box
 - This will put a checkmark in the box
- Select the **Save** button at the bottom of the screen

[Back to Top](#)

DRAFT

Upgraded Account

My Health~~e~~Vet created a way to confirm a Veteran user's identity. The process is called In-Person Authentication. You must complete this process to have an upgraded account. My Health~~e~~Vet users who are VA patients and have an upgraded account may be able to view, print and download parts of their official VA health record.

With an upgraded account you will:

- view VA Chemistry/Hematology test results
- view Wellness Reminders
- see your VA Appointments
- view VA Allergies and Adverse Reactions
- use Secure Messaging when it is available in your area
- receive copies of key parts of your VA electronic medical record as they become available

There are things you must do before In-Person Authentication can occur:

- Be registered as a "VA Patient" in your My Health~~e~~Vet account
- View the My Health~~e~~Vet Orientation Video (available online or at your local VA facility)
- Read and sign VA Form, 10-5345a-MHV (available online or at your local VA facility)

To have your identity verified:

- Present a government issued photo identification (a Veterans Identification Card (VIC) or driver's license is acceptable) to a qualified VA staff member at your VA health care facility.

[Back to Top](#)



NOTES:

- If you use the VA health care system and want to see parts of your official VA electronic health record, you must complete [In-Person Authentication](#).
- To use the **VA Chemistry/Hematology**, you need a computer with a browser and Internet access. Some people have Internet access in their home. Public libraries and Internet cafés also provide Internet access.
- You can use the **Secure Messaging** feature in My HealtheVet to send a message to your participating health care team to ask about your lab results.
- You can get your **VA Blue Button** information in two file formats. You can download it in a format that is easy to read and print ([PDF file](#)) or as a simple text format ([.txt file](#)). You may wish to review the information in your account first to be sure it is up to date before you download it.
- Anytime you download information from the Internet it is possible to create a temporary file on the computer you are using. Please be aware of this when opening a file on a computer you do not control.
- You are responsible for protecting the personal health information you print out or download. *It is important to protect your information.* Protect this information the same way you would protect your banking or credit card information. Do not leave your printed information in a printer. Do not save your downloaded information to a public computer. When using a public computer, save your health information to a CD or a thumb drive. Remember to take the CD or thumb drive with you when you finish.
- You are the only one who sees your health information in My HealtheVet. You choose with whom to share your information. If you want someone else to see your health information, you must give it to that person.

IMPORTANT: Please note that any information entered in your My HealtheVet account is for you only and is not shared with your VA facility. If you need to update the information in your official VA record, including the mailing address for your VA prescriptions, please contact the appropriate office at your local VA facility.

[Back to Top](#)



How to Find Labs + Tests



1. After you are **Registered** on My HealtheVet, you can **Login** to your personal account from any page in My HealtheVet. Enter your **User ID** and **Password** in the **Member Login** area and then select the **Login** button.

2. To access **Labs + Tests** select the **TRACK HEALTH** tab at the top of the page. This will take you to the **TRACK HEALTH** page.

When you select the **TRACK HEALTH** tab, you will see this page



3. There are three ways on the **TRACK HEALTH** page to access **Labs + Tests**:

You can:

- Select the **LABS + TESTS** tab at the top of the page
- Select the **Labs + Tests** image in middle of the page
- Or, select the word **More>>** under the **Labs + Test** image.

[Back to Top](#)



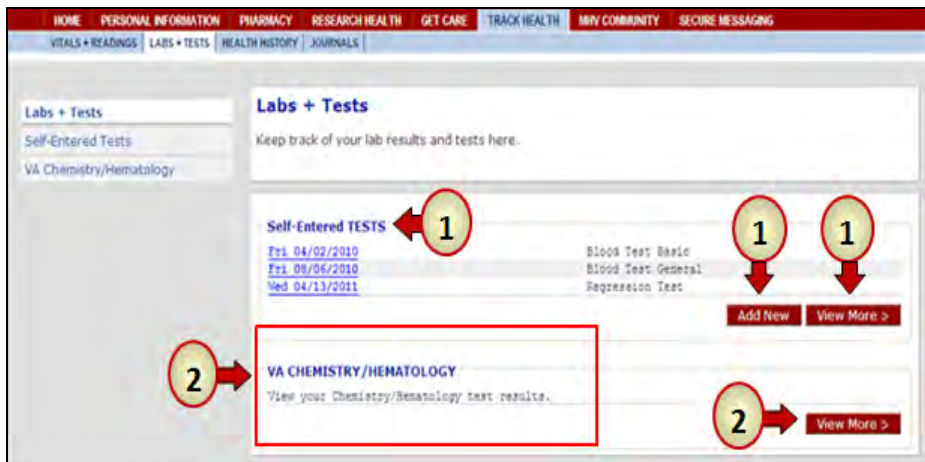
Viewing Labs + Tests

On the **Labs + Tests** page are test logs. These logs include your **Self-Entered TESTS**. If you are a VA patient who with an upgrade account you will see **VA Chemistry/Hematology**. Each log will give you a quick glance of information and display the five most recent entries you have.

Self-Entered TESTS are what you enter in My HealthVet. This information is not sent to your VA health record. If you have a test done by a non-VA provider you may want to share this information with your VA health care team.

VA Chemistry/Hematology information comes from your VA health record. You *cannot* change or add information to your **VA Chemistry/Hematology** log. If you have a question about a VA lab result contact your VA health care team.

*Remember, to use **VA Chemistry/Hematology** you have to be a Veteran enrolled at a VA health care facility, have registered on My HealthVet and have an upgraded account (completed the In-Person Authentication process).*



1. In the **Self-Entered TESTS** log:
To view a single entry from your **Self-Entered TESTS** log, select the date link
 - To add a new test in your log select **Add New**
 - To view all your **Self-Entered TESTS**, select **View More >**
2. To view your **VA Chemistry/Hematology** test results select **View More >**

Note: You can add or edit information to your self-entered TESTS but you cannot edit any test information that comes from your VA electronic health record.

[Back to Top](#)



Self-Entered TESTS

Self-Entered TESTS are what you enter in My HealthVet. This information is not sent to your VA health record. If you have a test done by a non-VA provider you may want to share this information with your VA health care team.

1. In the **Self-Entered TESTS** log:
To view a single entry from your **Self-Entered TESTS** log, select the date link

2. To add a new test in your log
select **Add New**

3. To view a **summary** of all your **Self-Entered TESTS**, select **View More >**

View Test Information (self-entered) by selecting the Date (Details page)

If you select the Date (For Example: Thu 07/01/2010) it takes you to the **View Test Information (self-entered)** page.

Date:	07/01/2010
Test Name:	Colonoscopy
Location Performed:	VAMC
Provider:	Provider One
Results:	No new polyps

[Edit](#) [Delete](#) [Add New](#) [Return to List](#)

This is your personal health information. Your health care professional does not have access to this information unless you share it.

This is a **Details** page. Here you can view all of the details of your self-entered test record.

Date – shows the date the test was done

Test Name – presents the name of the test

Location Performed – shows where the test was done

Provider – shows the name of the person who ordered the test

Results – displays the findings

From this page you have the option to **Edit** or **Delete** your self-entered information. The **Add New** button allows you to enter a new test record. Selecting the **Return to List** button returns you to the previous list of your self-entered test information.

[Back to Top](#)

Editing Self-Entered Test Information

View Test Information (self-entered)
(Personal Health Journal of)

You are viewing Test information that was previously entered. You may Edit or Delete this entry, Add a new entry, or Return to the Test listing.

[Help ?](#) | [Printer Friendly](#)

Date:	07/01/2010
Test Name:	Colonoscopy
Location Performed:	VAMC
Provider:	Provider One
Results:	No new polyps

[Edit](#) [Delete](#) [Add New](#) [Return to List](#)

This is your personal health information. Your health care professional does not have access to this information unless you share it.

There are two ways to edit Self-Entered Test information:

- Select the Edit button on the **View Test Information (self-entered)** page where you see [details](#) of your self-entered information.

Or

- Select the pencil icons under the Edit column on the **View Test Information (self-entered) summary** page.

View Test Information (self-entered)
(Personal Health Journal of)

You are viewing Test information. If you would like to add an entry, click on the Add New button.

[Help ?](#) | [Printer Friendly](#)

2 items found, displaying all items

Date	Test Name	Location Performed	Edit	Delete
07/01/2010	Colonoscopy	VAMC		
06/06/2010	Blood Test	Community Center		

On the **Edit Test Information (self-entered)** page, you can edit all the information you previously entered.

Edit Test Information (self-entered)
(Personal Health Journal of)

You have chosen to edit an entry to this record. Record the test name, date, location performed, provider, results and comments below.

[Help ?](#)

* Indicates Required Information

Test Name: *	Colonoscopy
Date: *	Jul 01 2010
Location Performed:	VAMC
Provider:	Provider One
Results:	No new polyps
Comments:	Keep high fiber diet

[Save](#) [Reset](#) [Cancel](#)

This page has sections that require information, these are identified with an asterisk *.

- To record your changes, select the **Save** button
- Select **Reset** to return the page to the information you started with before any changes were made
- If you select **Cancel**, any changes you made will not be saved

After you select Save or Cancel you will be taken back to the **View Test Information (self-entered)** page.

If for some reason the system is not able to process your edits, the page will refresh with a message explaining what must be done to proceed.

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Adding Self-Entered Test Information

The **Add Test Information (self-entered)** page allows you to self-enter a new listing into your personal tests record.

Labs + Tests
Keep track of your lab results and tests here.

Self-Entered TESTS
Thu 07/01/2010 Colonoscopy
Sun 06/06/2010 Blood Test

VA CHEMISTRY/HEMATOLOGY
View your Chemistry/Hematology test results.

Add New **View More >**

There are two ways to Add New Self-Entered Test information:

Select the **Add New** button on the **View Test Information (self-entered)** page where you see **details** of your self-entered information.

Or

Select Add New Button under the table on the **View Test Information (self-entered)** page where you see a summary of your self-entered information.

View Test Information (self-entered)
(Personal Health Journal of)

You are viewing Test information. If you would like to add an entry, click on the Add New button.

2 items found, displaying all items

Date	Test Name	Location Performed	Edit	Delete
07/01/2010	Colonoscopy	VAMC		
06/06/2010	Blood Test	Community Center		

2 items found, displaying all items

Add New

This is your personal health information. Your health care professional does not have access to this information unless you share it.

On the **Add Test Information (self-entered)** page are areas where you can enter information. The page has sections that require information, these are identified with an asterick (*)

When adding test information, required information are the Test Name and Date.

Add Test Information (self-entered)
(Personal Health Journal of)

You have chosen to add an entry to this record. Record the test name, date, location performed, provider, results and comments below.

*** Indicates Required Information**

Test Name: *

Date: *

Location Performed:

Provider:

Results:

Comments:

Save **Save & Add Another** **Reset** **Cancel**

Test Name (Required) –Enter a brief description of the test done (*limit 50 characters)

Date (Required) –Enter the day the test was performed. Select a date from the three drop-downs (Month, Day and Year) or select the calendar icon. The calendar icon will open a pop-up window with a selectable calendar. By selecting a date in the calendar, the three date drop-downs will be automatically set and you may continue filling out the form

**Each information box has a limit to the number of characters you can enter. Characters are the total number of letters/numbers/spaces you can use when entering your information.*

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Add Test Information (self-entered) page- Information that is not required but helpful includes:

Add Test Information (self-entered)
(Personal Health Journal of

You have chosen to add an entry to this record. Record the test name, date, location performed, provider, results and comments below.

[Help ?](#)

* Indicates Required Information

Test Name: *	<input type="text"/>
Date: *	<div>May <input type="button" value="v"/> 08 <input type="button" value="v"/> 2011 <input type="button" value="calendar"/></div>
Location Performed:	<input type="text"/>
Provider:	<input type="text"/>
Results:	<div><div></div><div></div></div>
Comments:	<div><div></div><div></div></div>

Save

Save & Add Another

Reset

Cancel

Location Performed – Enter the name of the facility or location where the test was performed (*limit 50 characters)

Provider – Enter the name of the person who ordered the test (*limit 50 characters)

Results –Enter information about the results of the test (*limit 255 characters)

Comments - Enter thoughts you had about the test (*limit 255 characters)

When you finish entering your information you must select the **Save** button for your entry to be recorded.

You also have the option to **Save & Add Another**, which will save your entry and open another Add New screen.

The **Reset** button will return the fields to their original state (blank).

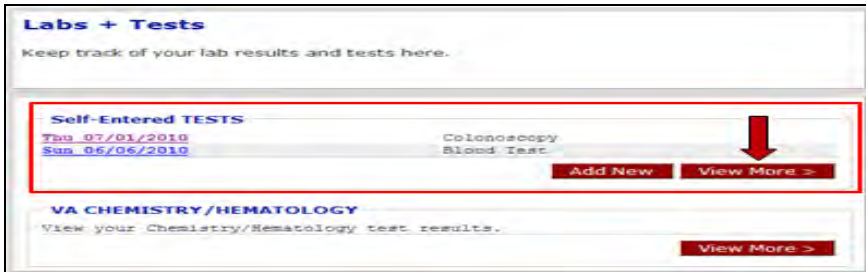
After you select Save or Cancel you will be taken back to the Summary screen.

**Each information box has a limit to the number of characters you can enter. Characters are the total number of letters/numbers/spaces you can use when entering your information.*

[Back to Top](#)

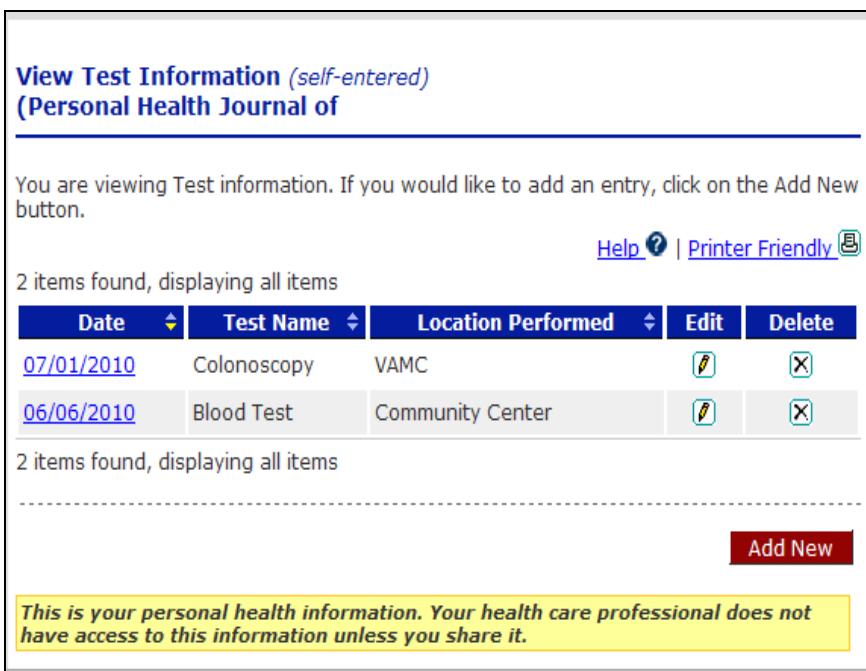
DRAFT

View Test Information (Self-Entered) - Summary page



On the first page of **Labs + Tests**, to view all your **Self-Entered TESTS** simply select the **View More >** button.

When you select the **View More** button it takes you to a **Summary page**. This page opens to a table that shows a list of all your self-entered tests.



The top and bottom of the table shows the number of items displayed. If you have more than 10 items, it puts the information on a second page. For example, if you have 12 items you will see the following:

12 items found, displaying 1 to 10
First/Prev 1, [2](#) Next/Last
Number of rows to display per page: 10 [25](#) 50 100

There are two ways to go to the second page:

- Select the number **2** or
- Select **Next**

You can also choose the number of rows you want to display on the page simply by selecting 10, 25, 50, or 100

Date	Test Name	Location Performed	Edit	Delete
------	-----------	--------------------	------	--------

The table shows the date the test was performed. You may obtain detailed information you entered regarding this item by selecting the date in this column. It shows the name of the test performed and where it was performed. In the Edit Column, you select the pencil icon to go to the **Edit Test Information (self-entered)** screen and edit test information that you previously entered. In the Delete Column, select the boxed x to go to the **Delete Test Information** screen where you can confirm or cancel your decision to delete the test entry chosen.

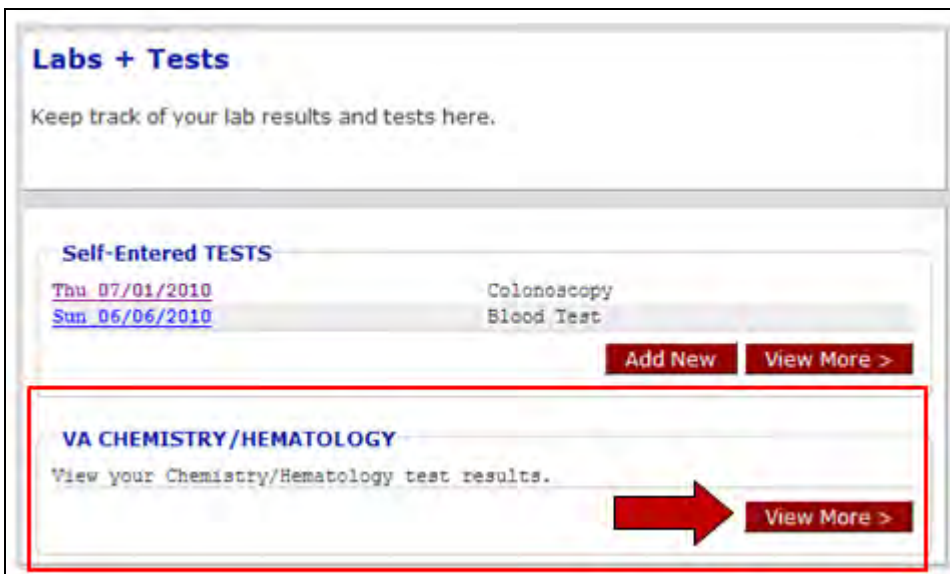
You can use the up and down arrows to sort your information. For example under **Date** you can display your most recent information first, followed by those in the past. Or you can display your past information first, followed by your more recent information.

[Back to Top](#)

On the **Labs + Tests** page are test logs. These logs include your **Self-Entered TESTS** located at the top and your **VA CHEMISTRY/HEMATOLOGY** below. Each log will give you a quick glance of information and display the five most recent entries you have.

VA Chemistry/Hematology information comes from your VA health record. You *cannot* change or add information to your **VA Chemistry/Hematology** log. If you have a question about a VA lab result contact your VA health care team.

*Remember, to use **VA Chemistry/Hematology** you have to be a Veteran enrolled at a VA health care facility, have registered on My HealtheVet and have an upgraded account (completed the In-Person Authentication process).*



Labs + Tests

Keep track of your lab results and tests here.

Self-Entered TESTS

Thu 07/01/2010	Colonoscopy
Sun 06/06/2010	Blood Test

[Add New](#) [View More >](#)

VA CHEMISTRY/HEMATOLOGY

View your Chemistry/Hematology test results.


[View More >](#)

To view your VA **Chemistry/Hematology** test results, select the [View More >](#) button.

DRAFT

VA Chemistry/Hematology Summary

When you select the **View More** button on the **Labs + Tests** page for **VA Chemistry/Hematology**, it takes you to the **VA Chemistry/Hematology Summary** page. Test results are available to view in My HealtheVet 7 days after the results have been reviewed by your provider and entered into your VA health record. Information that comes from your VA health record is read only and cannot be changed.

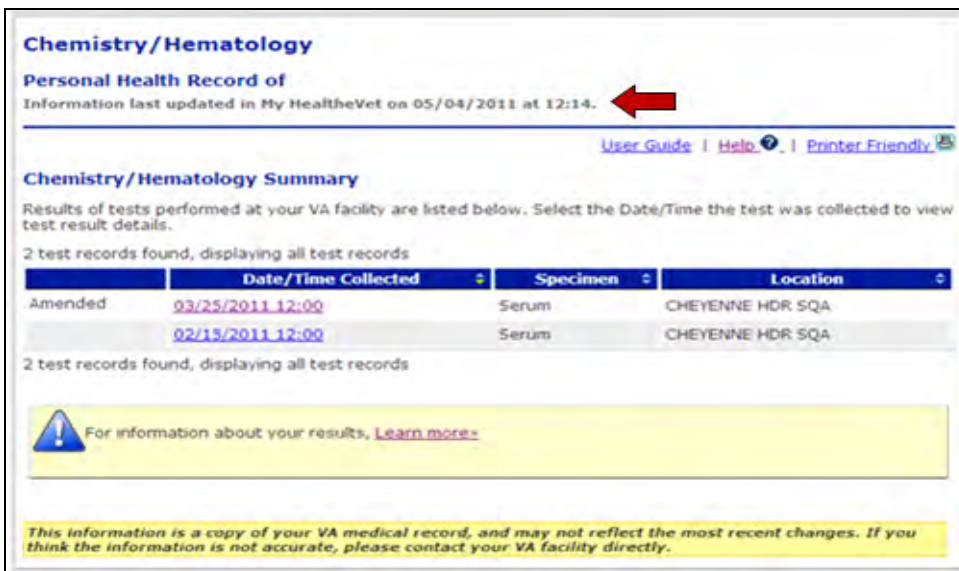


The screenshot shows the top of the VA Chemistry/Hematology Summary page. A yellow message box at the top contains a blue triangle icon and the text: "We are updating your Chemistry/Hematology information ... Updates to your data are still in progress. Please refresh this screen or check back later." Below the message is a "Refresh" button, which is highlighted with a red arrow. The page title is "Chemistry/Hematology" and "Personal Health Record of". Below this, it says "Information last updated in My HealtheVet on 05/06/2011 at 08:46...". There are links for "User Guide", "Help", and "Printer Friendly". The section "Chemistry/Hematology Summary" states: "Results of tests performed at your VA facility are listed below. Select the Date/Time the test was collected to view test result details." It then says "2 test records found, displaying all test records." Below this is a table with columns: "Date/Time Collected", "Specimen", and "Location". The table has two rows: "Amended" with "03/25/2011 12:00" and "02/15/2011 12:00", both with "Serum" specimens and "CHEYENNE HDR SQA" locations. Below the table, it says "2 test records found, displaying all test records." At the bottom, there is a yellow box with a blue triangle icon and the text: "For information about your results, [Learn more](#)". At the very bottom, a yellow box contains the text: "This information is a copy of your VA medical record, and may not reflect the most recent changes. If you think the information is not accurate, please contact your VA facility directly."

When you open **VA Chemistry/Hematology** you may see at the top of the page a yellow message box with a blue triangle.

My HealtheVet gives you a message when your **VA Chemistry/Hematology** results are being updated in My HealtheVet.

Select the **Refresh** button to view current information.



The screenshot shows the VA Chemistry/Hematology Summary page. The page title is "Chemistry/Hematology" and "Personal Health Record of". Below this, it says "Information last updated in My HealtheVet on 05/04/2011 at 12:14." A red arrow points to this date and time. There are links for "User Guide", "Help", and "Printer Friendly". The section "Chemistry/Hematology Summary" states: "Results of tests performed at your VA facility are listed below. Select the Date/Time the test was collected to view test result details." It then says "2 test records found, displaying all test records." Below this is a table with columns: "Date/Time Collected", "Specimen", and "Location". The table has two rows: "Amended" with "03/25/2011 12:00" and "02/15/2011 12:00", both with "Serum" specimens and "CHEYENNE HDR SQA" locations. Below the table, it says "2 test records found, displaying all test records." At the bottom, there is a yellow box with a blue triangle icon and the text: "For information about your results, [Learn more](#)". At the very bottom, a yellow box contains the text: "This information is a copy of your VA medical record, and may not reflect the most recent changes. If you think the information is not accurate, please contact your VA facility directly."

Under your name, you will see the date and time your **VA Chemistry/Hematology** was last updated.

VA Chemistry/Hematology Summary page opens to a list of test records that comes from your VA health record.

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The **VA Chemistry/Hematology Summary** page opens to a table that shows a list of dates/times when you had chemistry/hematology lab tests done. This is a read-only page and cannot be changed.

Chemistry/Hematology
Personal Health Record of
Information last updated in My HealtheVet on 05/04/2011 at 12:14.

[User Guide](#) | [Help](#) | [Printer Friendly](#)

Chemistry/Hematology Summary
Results of tests performed at your VA facility are listed below. Select the Date/Time the test was collected to view test result details.

2 test records found, displaying all test records

	Date/Time Collected	Specimen	Location
Amended	03/25/2011 12:00	Serum	CHEYENNE HDR SQA
	02/15/2011 12:00	Serum	CHEYENNE HDR SQA

2 test records found, displaying all test records

For information about your results, [Learn more](#)

This information is a copy of your VA medical record, and may not reflect the most recent changes. If you think the information is not accurate, please contact your VA facility directly.

To view the test(s) done, select the date/time link under the column **Date/Time Collected**

The top and bottom of the table shows the number of items displayed. If you have more than 10 items, it puts the information on a second page. For example, if you have 12 items you will see the following:

12 items found, displaying 1 to 10
First/Prev **1**, **2** Next/Last
Number of rows to display per page: 10 **25** 50 100


There are two ways to go to the second page:

- Select the number **2** or
- Select **Next**

You can also choose the number of rows you want to display on the page simply by selecting 10, 25, 50, or 100

	Date/Time Collected	Specimen	Location
--	---------------------	----------	----------

Amended: If this word appears to the left of the Date/Time Collected column, it indicates that the test result value changed after a result value was released to your provider. Amended results are available immediately. If you have a test result that was corrected, you will see the word Amended next to the test.

The table also shows the date and time your lab specimen was collected, the name of the specimen, and the facility name or location where the lab test was ordered. You can use the up and down arrows  to sort your information. For example under **Date/Time Collected**, you can display your most recent information first, followed by those in the past. Or you can display your past information first, followed by your more recent information.

[Back to Top](#)

VA Chemistry /Hematology Specimen Details

When you select the **Date/Time** link on the **VA Chemistry/Hematology Summary**, the page opens to a **VA Specimen Details** page. The Specimen Details page is a read-only page where the details of specimen test results can be viewed.

The screenshot shows the 'Chemistry/Hematology' section of a 'Personal Health Record of'. It displays a table of test results for a specimen collected on 03/25/2011 at 12:00 at CHEYENNE HDR SQA. The table includes columns for Test Name, Result, Units, Reference Range, and Test Details. A red box highlights the table, and four numbered callouts are present: 1 points to the 'Test Details' column header, 2 points to the 'Amended' status next to UREA NITROGEN, 3 points to the 'Details' link in the 'Test Details' column, and 4 points to the 'Return To Summary' button at the bottom right of the table.

Test Name	Result	Units	Reference R	Test Details
CHLORIDE	80 Low	meq/L	98-107	Details
CO2	24	meq/L	21.0-32.0	Details
CREATININE	14 High*	mg/dL	0.6-1.3	Details
GLUCOSE	450 High	mg/dL	70-110	Details
POTASSIUM	3.5	meq/L	3.5-5.1	Details
SODIUM	132 Low	meq/L	136-145	Details
Amended UREA NITROGEN	7.6	mg/dL	7-18	Details

At the bottom of the page, there is a yellow message box with a blue triangle icon and the text: 'The reference ranges may be different from what you have seen in the past. This is because of better technology and changes in testing standards. Ask your health care provider if you have questions.'

1. The **VA Chemistry/Hematology Specimen** page provides a table that list of all the tests that were performed on the date/time you selected.

2. If you had a test result that was corrected, you will see the word **Amended** next to the name of the test. To find out more information about an amended test, select the **Details** link and go to the **Comments** section.

3. For information about a specific test, select the **Details** link under the **Test Details** column.

4. To return to the **VA Chemistry/Hematology** summary page select the **Return to Summary** button.

Test Name	Result	Units	Reference Range	Test Details
-----------	--------	-------	-----------------	--------------

The table shows the name of the test, the findings or Results (if they are abnormal it may show: High, Low, High*, Low* where the asterisk [*] indicates the value is critically high or low). The Unit column shows how each test is measured. The Reference Range shows the acceptable range of values for the test result and under Test Details column, links to more information about the specific test.

At the bottom of the page is a yellow message box with a blue triangle.

The reference ranges may be different from what you have seen in the past. This is because of better technology and changes in testing standards. Ask your health care provider if you have questions.

This lets you know that your reference ranges may be different from what you have seen in the past. This is because of better technology and changes in testing standards. If you have questions about your test results talk with your health care team.

[Back to Top](#)

VA Chemistry /Hematology Details

This page provides details about your **VA Chemistry/Hematology** test results. These test results come from your VA health record and were entered by a member of the VA health care team. This is a read-only page and cannot be changed. The **Details** page provides specific information about the test you had done.

Chemistry/Hematology
Personal Health Record of
(Information last updated by My VA HealthVet on 05/04/2011 at 12:14)

[Test Guide](#) | [Help](#) | [Print Results](#)

Serum Specimen
CHLORIDE Test Details
 Collected on 03/25/2011 12:00 at CHEYENNE HDR SQA

Test results slightly outside the reference range are not unusual. Your provider has reviewed your test results and will contact you for any important issues. If you have further questions, please do not hesitate to contact your primary care provider. View [Comments](#) to see the history of an amended test result.

Results Key: * = Critical

Test Name:	CHLORIDE
Result:	90 Low
Units:	meq/L
Reference Range:	98-107
Lab Test:	Auto Chem 7 test
Ordering Provider:	HDRPROVIDER, ONE
Ordering Location:	CHEYENNE HDR SQA
Performing Location:	CHEYENNE HDR SQA 1234 SQA ST, 1234 HDR ST., CHEYENNE, WY 82006
Status:	F
Interpretation:	Dis range (98-108) effective until 1-15-01.
Comments:	This is a result comment

[Return To List](#)

For information about your results, [click here](#).

This information is a copy of your VA medical record, and may not reflect the most recent changes. If you think the information is not accurate, please contact your VA facility directly.

To go back to the **VA Chemistry/Hematology Summary** page select the button [Return To List](#)

Test Name – the name of the test done

Results – are the findings

Units – how the test result is measured

Reference Range – gives the acceptable range of values for the test result

Lab Test – Indicates the lab test or lab panel ordered

Ordering Provider – is the person who ordered the lab test

Ordering Location – the location where the lab test was ordered

Performing Location – gives the location where the lab test was done

Status – is the status of the lab test. Possible values are:

- *Amended*: the test result was amended after being released to the health care provider
- *Final*: the test result is complete
- *Pending*: the test result is not complete.

Interpretation – gives specific information about this type of lab test

Comments – has notes from lab staff and/or amended lab test result information

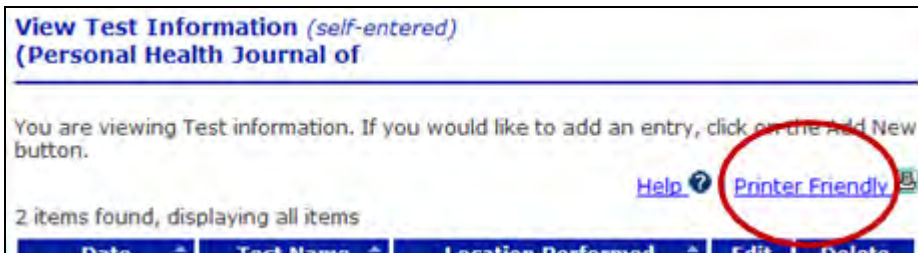


Printing Labs + Test

Labs + Tests results can be printed two ways:

- Using the **Printer Friendly** link located at the top of pages in **Self-Entered TESTS** and **VA Chemistry/Hematology**
- VA Blue Button**

Self-Entered TESTS



Self-Entered Tests - You can print your self-entered information from the **View Test Information (self-entered) summary** page or **details** page

and

VA Chemistry/Hematology



VA Chemistry/Hematology - You can print your list from the **VA Chemistry/Hematology Summary**, the **VA Chemistry/Hematology Specimen Details** and the **VA Chemistry/Hematology Details** pages:

- Select the **Printer Friendly** link at the top right hand corner of the page

Blue Button



To print your list from the Blue Button

Select the **View/Print** button at the lower right hand corner of the page. For more information see the section on **Blue Button and Labs + Tests**



Blue Button and Labs + Tests

To download your data using the **Blue Button Download My Data** feature:

- Log into your My HealtheVet account
- Select **Download My Data**
- Select **Download Only My Selected Data from My HealtheVet**
- Select **Continue**
- Select **VA Laboratory Results** (*comes from your VA health record*)
- Select **Labs and Test** (*if you want to include your self-entered tests*)
- **Select Submit**
- Select **Download** if you want an electronic copy
- Click on **View/Print** if you want a printed list,
- Select **Print**

You can get your **VA Blue Button** information in two file formats. You can download it in a format that is easy to read and print (PDF file) or as a simple text format (.txt file). You may wish to review the information in your account first to be sure it is up to date before you download it.

Sample of a PDF file:



PDF stands for Portable Document Format. It is a file that keeps your data in the original form. Your information looks the same on the screen and in print regardless of what kind of computer you have. It is a simple and an easy way to download your files. Each PDF file has:

- A header at the top of your report
- Shows page numbers

Txt stands for text file. It is a file that presents your data in a line-by-line format. As a result, your print out or download may look different from what you see on the computer screen.

Visit the [Blue Button User Guide](#) for more information about using the VA Blue Button feature

<https://www.myhealth.va.gov/BlueButtonUserGuide.pdf> (To use VA Blue Button you need to be a [Registered](#) My HealtheVet user).



Secure Messaging and Labs + Tests

You can use **Secure Messaging** to send a message to your participating health care team. Let them know if you have questions about information in your VA Chemistry/Hematology log. **Secure Messaging** allows you to communicate in a secure environment within My HealthVet. You have the ability to send and receive messages from your health care team, as well as manage and maintain your messages within your **Secure**

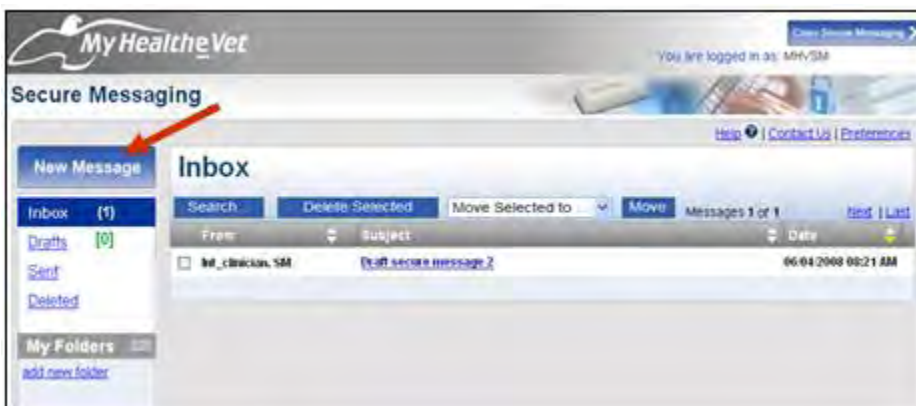


To access My HealthVet Secure Messaging, go to www.myhealth.va.gov, login to your personal account (Member Login box on right side of the screen), and select the **SECURE MESSAGING** tab.



Select the orange **Open Secure Messaging** button to use **Secure Messaging**.

Note: If you do not see the orange button, you will see information about what you need to do in order to use **Secure Messaging**.



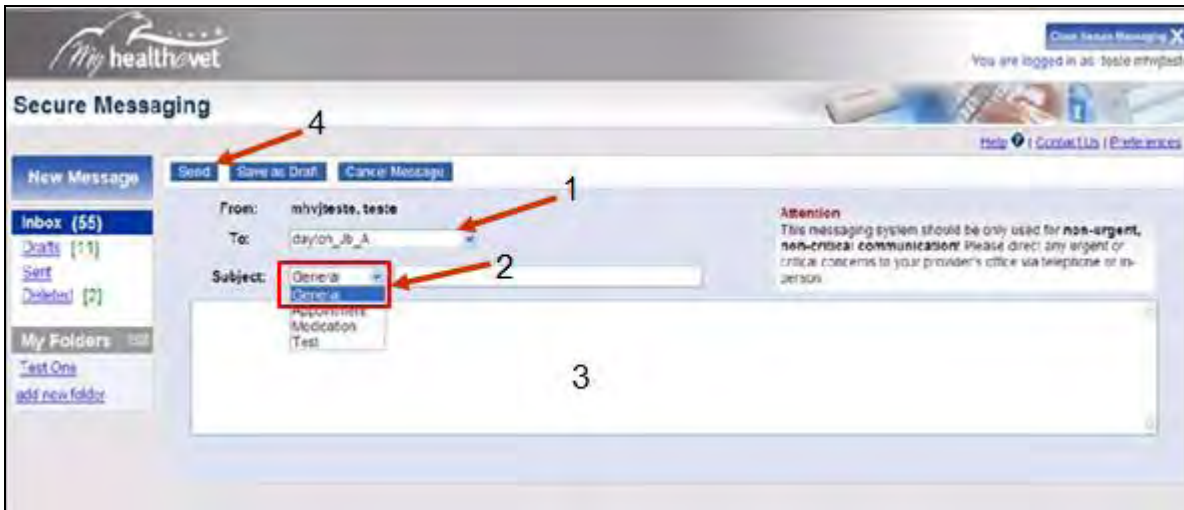
If your facility is using Secure Messaging and you are associated with a triage team, you can create a new message by clicking on the **New Message** button in your Inbox.

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Messaging account.

To create a new message, fill in the appropriate information:

1. Select the health care team for whom the message is for by clicking the drop-down arrow ▼ for **To**.
Note: only your participating VA health care team will appear in the list.
2. Select the **Subject** of your message by selecting the drop-down arrow ▼ for **Subject**: select **General**
3. Type your message
4. When you have completed the message, select the Send button

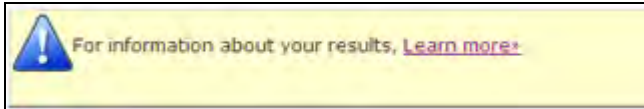



Visit the [Secure Messaging User Guide](https://www.myhealth.va.gov/MHV_SM_Patient_User_Manual_20110124_FINAL.pdf) for more information about using the Secure Messaging feature https://www.myhealth.va.gov/MHV_SM_Patient_User_Manual_20110124_FINAL.pdf (To use VA Blue Button you need to be a [Registered](#) My HealthVet user).

[Back to Top](#)



At the bottom of the **VA Chemistry/Hematology** and **Details** page is a yellow information box. To get more information on VA Chemistry/Hematology select the link to **Learn More**.





Laboratory (Lab) Tests

Lab tests help your provider make decisions about your health and your healthcare. The following sites can help you better understand the many lab tests that are part of routine healthcare.

[Medical Test \(Healthline\)](#)

[Lab Tests Online](#)

Overview

For an overview of what lab tests are and why your healthcare team uses them, see:

[Medline Plus](#): Laboratory tests are often part of a routine checkup to look for changes in your health. Start here to learn more.

[US Food and Drug Administration](#): This section provides information about lab tests your doctor may use.

[Lab - Frequently Asked Questions \(FAQ\)](#): This site has questions and answers that help you understand why you need a particular test and how it will help your healthcare team.

General Information

For facts about lab testing and how to understand the results, see:

[Reference Ranges and What They Mean](#): Test results are based on a reference range. This site helps you understand what a reference range is and is not. It also talks about why test results and reference ranges take into account each person's health condition.

[How Reliable is Laboratory Testing?](#): The healthcare team uses lab test to make decisions about your health and healthcare. Therefore your lab test results must come from a trusted source. This site helps you better understand the importance of reliable lab testing.

[Test Preparation: Your Role](#): You are one of the most important factor in determining the accuracy and reliability of your laboratory test. This site briefly explains your role as the patient and how you can prepare for your lab tests.


[Home Testing](#): People are looking for easier ways to get lab tests done. Home testing is popular among people with a chronic illness and the elderly. This site describes the pros and cons of home testing.

[Tips on Blood Testing](#): For most people having their blood drawn is not a problem while others need help to overcome their nervousness and/or fear. For some people the condition of their veins makes it difficult to draw blood. This could be because their veins are sore from IV therapy, scarred from frequent blood tests, or just hard to find and use. This site offers tips on making your blood tests more comfortable and less stressful.

Close

The **Learn More** page gives you a brief summary of what **VA Chemistry/Hematology** is and where to find more information about what your results mean.

If you select **Learn More**, this is what you will see.

To leave the **Learn More** page, select the **Close**  button at the bottom of the page.

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Frequently Asked Questions, Help and Contact MHV

At the top of every page is a white bar where you can get support.

Select **FAQs** to take you to **Frequently Asked Questions** and get answers to common questions about **Labs + Tests, VA Chemistry/Hematology, Blue Button** and more.

Select **Help** to find more information about the page you are viewing.

Select **Contact MHV** to send a message to the My HealthVet Help Desk.

The screenshot shows the My HealthVet website interface. At the top, there is a navigation bar with links for VA Facility Locator, About MHV, Help, FAQs, and Contact MHV, which are highlighted with a red box. The main content area features "In the Spotlight" with articles on Pain Management, After Shingles Pain, and Diabetic Neuropathy. A sidebar on the right contains links for Download My Data, Prescription Refill, Emergency Contacts, Providers & Physicians, Voice & Readings, Military Health History, Medical Library, and VA Health Veterans. A "Member Logout" section is also visible.

[Back to Top](#)

Amended

This means that the test result value changed after a result value was released to your provider. Amended results are available immediately. If you have a test result that was corrected, you will see the word Amended next to the test.

[Back to Top](#)

Data

Data is your health information in words and numbers. VA Blue Button refers to health information and numbers you entered in My HealtheVet and the copies from your official VA electronic health record as your data.

[Back to Top](#)

Compact Disc (CD)

A Compact Disc (also known as a CD) is a round disc used to store information from your computer. A CD is portable and requires special handling to prevent damage to the recording. A CD is one of the most common ways to store information.

[Back to Top](#)

File Format

A file format specifies how the information is organized in a computer file and which programs the file is used with. On My HealtheVet, you can get your information in three file formats.

[Back to Top](#)

Formats Available to View or Download My Report

You can get your information in two formats. You can download it in a format that is easy to read and print (PDF file) or as a simple text format (.txt file). You may wish to review the information in your account first to be sure it is up to date before you download it.

[Back to Top](#)

DRAFT

PDF File

PDF File stands for Portable Document Format. It keeps your data in the original form. Your information looks the same on the screen and in print regardless of what kind of computer you have. It is a simple, easy way to download your files.

[Back to Top](#)

Txt File

Txt stands for text file. It presents your data in a line-by-line format. As a result, your print out or download may look different from what you see on the computer screen.

[Back to Top](#)

Application

This is a computer program that lets you interact with your computer. It is written and designed for a specific need or purpose.

[Back to Top](#)

CD

A Compact Disc (also known as a CD) is a round shaped disc used to store information from your computer. A CD is portable and requires special handling to prevent damage to the recording. A CD is one of the most common ways to store information.

[Back to Top](#)

=Thumb drive

A thumb drive is a small electronic device used to store information from your computer. It is also known as a flash drive or pen drive. A thumb drive is lightweight, portable and easy to use for moving information. It fits into the USB slot on a computer. Then the computer can read your transferred information.

[Back to Top](#)

In-Person Authentication

In-Person Authentication is a process used to verify a My Health^eVet user's identity and upgrade a basic account. Registered My Health^eVet users who are VA patients and have completed the In-Person Authentication process are able to get VA Wellness Reminders, view their VA Appointments and see a list of their VA Allergies and Adverse Reactions. They can participate in Secure Messaging as it becomes available. They will access additional information from their VA Electronic Medical Record when offered.

Before In-Person Authentication can occur, several requirements must be met:

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- The user must be registered as a VA patient in their My Health^eVet account
- The user must view the My Health^eVet Orientation Video
- The user must download, read and sign the VA Form, 10-5345a-MHV (PDF)
- The user must present a form of government issued photo identification to a qualified VA staff member at their VA health care facility to have their identity verified

To learn more, go to My Health^eVet at [My Health^eVet Website](#)

[Back to Top](#)

Quick Links

Quick Links is located on the right side of the My Health^eVet Homepage. **Quick Links** provides easy access to important information in My Health^eVet. There are links that take you to information about In-Person Authentication, My Health^eVet Learning Centers, VA Mental Health Services, Rx Refill Guide, and much more.

[Back to Top](#)